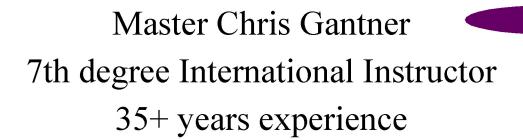
SELF DEFENSE & TAEKWONDO Lessons begin December!



Lessons every Tues. 7:30 to 8:30pm Dec. 7th to Feb. 22nd/11 lessons

Adults, Seniors & Children 8 years and older

Cost: Residents \$90./Non-residents \$105. Per session fee \$10 per class/pay in advance

To be held at the Seaside Park Elem. School 4th and Central Ave.

For more info call the Rec Dept. 732-793-3700